

# JUST CHEER ALL-STAR PROGRAM 2017-2018

"Never underestimate the power of dreams and the influence of the human spirit. We are all the same in this notion: The potential for greatness lives within each of us"

-Wilma Rudolph

As we prepare for our 19<sup>th</sup> season, we the owners and our staff are consistently developing ways to keep our gym moving in a positive direction. The complete dedication and participation of the cheerleaders and parents are vital to this growth. We need everyone's assistance in implementing the policies in this handbook to make JuST Cheer exceeds expectations.

Specifically, we require all cheerleaders to give their best effort at all times and adhere to all practice schedules and rules stated in this handbook. Every successful program depends on its members who are willing to work hard every day, show up on time, and give support to all members of the JuST Cheer family.

#### What does it take to be a JuST Cheer All Star?

- A great attitude
- Dedication
- Practice
- Hard, physical work
- Perfect attendance
- The support of your family
- Be a team player and encourage your teammates
- BE FLEXIBLE...BODY AND SOUL

# **EVALUATION PROCEDURE**

- Download packet and forms
- Attach a \$35 Evaluation Fee to a signed registration form
- Turn in Registration forms upon arrival for evaluations
  - o a. Registration and Release Form
  - o b. Credit Card Form
  - o c. 2 Page Athlete Evaluation Form
  - o d.
- Wear black shorts, black T shirt or sports bra, sneakers and hair in a ponytail and bow.
- Presentation is considered.
- Relax and Have Fun

# WELCOME TO THE FAMILY

#### TEAM PLACEMENT & EVALUATION PROCESS

After the evaluation process is completed, the staff will carefully assess each child's skills based on their evaluation and place them on the team we all feel is best for both your child and the team. You will receive an email on **Saturday, May 20**<sup>th</sup> explaining what level you have been placed on, as well as your practice dates and times. Your child will stay on their original level as long as they:

- 1. Maintain/improve the skills they completed at tryouts with the same technique
- 2. Are able to successfully fill a stunt position
- 3. Abide by all the rules and regulations of our program

We will have a **MANDATORY PARENT & ATHLETE MEETING** at your child's **first scheduled practice**. **If you do not attend, athlete may not participate in their first practice**.

We expect to have teams in all age levels and many skill levels within each group. These age groups are as follows:

**Tiny Pre-Team (Exhibition):** 3 to 6 years old as of August 31<sup>st</sup>, 2017

**Tiny**: 5 to 6 years old as of August 31<sup>st</sup>, 2017

**Mini**: 5 to 8 Years old as of August 31<sup>st</sup>, 2017

**Youth**: 6 to 11 Years old as of August 31<sup>st</sup>, 2017

**Junior:** 8 to 14 Years old as of August 31<sup>st</sup>, 2017

Senior (levels 1-4 and 5R): 11 to 18 Years old as of August 31<sup>st</sup>, 2017 Senior (level 5): 12 to 18 years old as of August 31<sup>st</sup>, 2017

All-Star cheerleading is scored based upon the execution of tumbling, jumps, dance, motion technique, tosses, stunting, performance and choreography. Athletes will be placed on teams based upon their abilities as well as their mental mindset. Although tumbling skills are not the final determination regarding team placement, we have listed tumbling skills preferred at each level for your benefit. These skills are listed in the JuST cheer lobby on the banner, placed in front of the second window. There may be multiple teams at each level (ex. Junior 3 and Senior 3), and your child will be placed where the coaches feel your child will best help a team.

#### FINANCIAL COMMITMENT/ 2017-2018 FEES

This information provides a summary of the financial responsibility that program members and their parents can expect to pay during the 2017-2018 season.

Joining a JuST Cheer team is a <u>ONE YEAR</u> commitment. If a team member quits AT ANY TIME FOR ANY REASON you forfeit <u>all tuition fees</u>. Any uniform or uncollected items will also be forfeited.

**Gym Fees**: Monthly Tuition fees paid each month you are a member of the program, due on the 1<sup>st</sup> of each month. Checks should be made payable to JuST Cheer.

Tiny Exhibition/ Tiny Cheer - \$75 (May 2017 fee is prorated to \$30) Levels 1, 2, 3 - \$130 (May 2017 fee is prorated to \$60) Levels 4, 5 - \$135 (May 2017 fee is prorated to \$65)

JCAS Fees: Each Family has their own JuST Cheer All Star Account. The fees you pay go into your account to pay for your competition related expenses. These fees will be spread over a 7 month payment schedule –June 2017, July 2017, August 2017, September 2017, October 2017, November 2017 and December 2017. The fees are broken down into a payment plan according to your level. All amounts are per cheerleader.

\*All accounts need to be paid in FULL <u>by January 1<sup>st</sup></u> to be eligible to compete for the 2017-2018 competition season. Families with multiple children will have until <u>March 1<sup>st</sup></u> to fulfill this obligation.

\*\* Registration Fee is NON REFUNDABLE\*\*

# ALL STAR PROGRAM FEES AND THE JCAS ACCOUNT

JCAS payments and monies fundraised are credited to this account upon receipt. The money that is earned from fundraising <u>cannot be refunded</u>, <u>used to purchase clothing</u>, <u>or transferred to cover Gym Fees</u> and can only be used to offset travel expenses for the cheerleader.

Please note, that if you decide to leave JuST Cheer during the season, for any reason, there are No Refunds!

You will be assigned a bookkeeper who will provide a monthly statement to each family. The fees are per cheerleader and are to be paid by cash, credit card or check made payable to JCAS. If you have any questions about your account, please contact the bookkeeper listed on the bottom of your statement.

Please carefully consider the financial commitment you are making. We want to work with you to make these financial obligations work.

#### **FUNDRAISING**

The JuST Cheer Fundraising Board will schedule numerous fundraisers throughout the year to help raise money for the General Fund. 'The General Fund' is used for charitable purposes and gym improvements. Also, we have a scholarship program, which awards funds, to aid graduating seniors who will be furthering their education. All families are expected to participate.

# SAVE THE DATE: Annual Tricky Tray, TBD October 2017

The fundraising committee will schedule other fundraisers throughout the year (i.e Joe Corbi's Pizza, Yankee Candles, Innisbrook, etc.) The money raised by these fundraisers belongs to the individual cheerleader, and we will allocate these funds to the account of the cheerleader responsible for raising them. The funds are used to pay for necessary expenses for the participant i.e. travel expenses, competition fees and uniform costs for the participant only. These funds are not available to be used for optional clothing or monthly gym fees.

Fundraising money CANNOT be refunded for any reason.

### IMPORTANT DATES FOR 2016-2017

#### **No All-star Practices:**

Monday May 29<sup>th</sup>- Memorial Day Holiday July 4th- 5th– Independence Day Break **July 24<sup>nd</sup>- August 6<sup>th</sup>- Gym summer vacation** 

## (PLEASE BOOK YOUR VACATIONS DURING THIS TIME)

September 4<sup>th</sup> - Labor Day October 31<sup>st</sup> - Halloween November 22<sup>nd</sup> -25<sup>th</sup> Thanksgiving Holiday December 23<sup>rd</sup> - January 1<sup>st</sup> - Christmas Break April 1<sup>st</sup> - Easter

\*Please note: We will have practices on Sunday, November 26<sup>th</sup> and Tuesday, January 2<sup>nd</sup>. Please make sure you return from your holiday vacations in time to attend your practice. Please also plan for an additional practice Friday, January 5.

**Stunt Clinic:** We will be doing a <u>mandatory</u> weekend stunt clinic in August at the gym. Specific dates TBA. Stunt Choreography for the routines will be involved as well.

**Choreography:** Routine choreography is scheduled to begin in August, after the allotted vacation time given. If you are making summer vacation plans now, please plan on being back by August  $6^{th}$ . We will release each team's choreography schedule as soon as possible, once teams are formed.

**Competition Dates:** The competition schedule and showcase date will be released by the end of August.

# ADDITIONAL INFORMATION

- Material Agreement: As a member of Just Cheer All-Stars Cheerleading Program, any material (cheers, chants, pyramid, partner stunts, transitions, dances, music, routines, etc.) may not be used or taught for any purpose, to anyone outside the Just Cheer All Stars Cheerleading Program.
- VALUABLES IN THE GYM: It is not possible to monitor valuables brought into the JuST Cheer facility. Please leave valuables at home or in the car. JuST Cheer will not be responsible for any lost or stolen items. If you bring valuables into the gym you are doing so understanding the risk you are taking.
- <u>ALL PRACTICES ARE MANDATORY</u>: Any extra practice that is scheduled at least one week in advance must be attended by all team members.
- THERE ARE NO EXCUSED ABSENCES FROM A COMPETITION:
   Every team member is expected to attend every competition. Any athlete
   that misses a competition may be removed from the program. In rare
   instances some teams may be required to compete on a Friday
   afternoon/evening for a National Competition which may require some
   missed school time.
- JuST Cheer Incorporated is a unique corporation that relies on our company name and logo as brand identity and they are valuable assets to our company. In order to help us protect our trademark rights and strengthen our corporate and brand identity, we revoke all usage of our company name and logo; in whole or in part. The JuST Cheer Inc. logo or any other JuST Cheer Inc. owned graphic, symbol, logo, icon or image may not appear on or in the publication or on any apparel, product or material without written permission from JuST Cheer owners. We are asking that all families respect this request and understand that it is unlawful to reproduce the JuST Cheer name and logo and all slogans, images, owned graphics and custom designs that reflect our branding identities.

#### PARENT MEETINGS

Important information will be announced at these meetings. This is the appropriate time and place for free discussion. Sean, Amanda and/or Alyssa will be present at these meetings and will be available to address any questions or concerns. We will be having meetings on various days of the week to accommodate the teams that practice on different days.

We will be having a MANDATORY parent meeting for all teams at their FIRST practice of the 2016-2017 season. We will be reviewing this packet in its entirety and can answer any questions about the program at that time.

In addition to the meeting we are having in May, additional parent meetings will be scheduled ONCE A MONTH from June to April and one parent/or guardian MUST BE PRESENT for each family.

#### COMMUNICATIONS

All notices will be delivered by email to parents. The current JuST Cheer email address is: justcheerallstars@gmail.com. You will be asked to supply a current working email address. If you do not have an email address or do not wish to receive notices by email, it is up to you to make an effort to know what is going on. Please attend the parent meetings.

We will also post updates on Facebook, Instagram, and Twitter.

Facebook: @just.cheer.5

Instagram: Just\_cheerjags

Twitter: @Just\_cheerjags

In the event of inclement weather or emergency closing, a message will be posted on the website (www.justcheerallstars.com) and on the gym answering machine @ (973) 575-1999 by 3:00 pm.

### TRAVEL

The JuST Cheer travel committee will coordinate travel arrangements for overnight competitions (hotel, and ground transportation as applicable) for all members of the JuST Cheer family. We ask that you make your reservations promptly and accurately. JuST Cheer reserves the right to change, modify, cancel or postpone any competition in the schedule.

Just Cheer will not be held liable for any cancellation fees or non- refundable charges to anyone booking travel outside the JuST Cheer Travel Group. Booking your travel with the group offers the peace of mind that if Just Cheer cancels a trip you will not lose any deposit monies paid. Many competitions now have a "stay to play policy", meaning you must book through the Competition booking company, or you risk your child not being able to compete.

#### OVERNIGHT TRIPS AND NATIONALS

**These trips are not family vacations**. The #1 reason we attend nationals is to COMPETE. These trips are the culmination of a years' worth of hard work and dedication. In order to make it our very best we insist you adhere to the following rules:

- BE ON TIME! and OBEY ALL CURFEWS!
- Do not depart early for vacation time. You must be present at every practice especially the last practice before the competition.
- Parents must monitor your children in the hotels, restaurants, and at the competition venues. If you or your children distract the other guests in the hotel or if your children are caught outside your room without supervision, you will be asked to leave.
- All Cheerleaders must be at EVERY team's performance.

## RULES AND REGULATIONS

I hereby understand that each time "Just Cheer" is mentioned throughout this contract it is meant to be all inclusive of Just Cheer All Stars.

#### General

- 1. Only registered athletes are allowed in the practice area.
- 2. Siblings, family members, friends, etc. are not allowed in the practice area.
- 3. All spectators must remain in the designated area and keep the noise level down at all times.
- 4. Any person that disrupts a practice will be asked to leave the gym immediately.
- 5. NO food, gum, or drinks, besides water, are permitted in the practice area.
- 6. All trash must be disposed in the appropriate trash receptacles.
- 7. Cell phones and other electronics must be put on silent mode or left outside of the practice area.
- 8. Just Cheer is not responsible for any personal items lost or stolen.
- 9. All forms or information needed by Just Cheer must be turned in to the front desk as requested.
- 10. The Just Cheer name and logos are trademarked. Any privately created or monogrammed items bearing the Just Cheer name cannot be worn or sold without approval.

#### **Teams**

Just Cheer retains the right to:

- 1. Place its athletes on the team(s) it feels will best suit the athletes and the program.
- 2. Decide if an athlete may participate on more than one team.
- 3. Decide the roles and/or positions an athlete will have/play on their team(s). (E.g. base, flyer, back, spot, tumbler, dancer, alternate, etc.)
- 4. Request that an athlete/team take additional classes or camps to improve their skills.
- 5. Request that an athlete/team practice longer than their regularly scheduled time or add additional practices, camps, or competitions if deemed necessary.
- 6. Move, replace, add, suspend, or even dismiss an athlete for a period of time or indefinitely from a team or the entire program based on criteria including but not limited to: Attendance, conduct, skills, finances, parent conflicts, etc.

#### Athletes that elect to participate on more than one Just Cheer team must:

- 1. Be in good financial standing.
- 2. Be willing and able to fulfill all responsibilities required by EACH team.
- 3. Be responsible for any additional entry fees they incur beyond their first team.

#### **ATTENDANCE**

- 1. Make Just Cheer a priority over any other extracurricular activities.
- 2. All practice sessions are MANDATORY.
- 3. Attend and be prepared to participate in all Just Cheer activities including those unexpectedly added throughout the season regardless of illness or injury, unless otherwise recommended by a doctor through **valid written documentation.**
- 4. Notify Just Cheer immediately when an injury occurs so changes to routine choreography can be made prior to practice.
- 5. Arrive at least <u>15 minutes early</u> to all Just Cheer activities. Continual tardiness will be grounds for dismissal.
- 6. Notify Just Cheer in writing immediately of all expected tardiness or absences
- 7. Notify Just Cheer by phone immediately of any unexpected tardiness or absences.
- 8. Repeated absence/sitting out of practice may result in position changes in routine, (i.e. loss of tumbling pass, removal from stunt etc.)
- 9. Cheerleaders will be asked to leave the program due to excessive absences.
- 10. <u>ALL COMPETITIONS ARE MANDATORY.</u> If you miss a competition, you will also be replaced for the following competition.

# There is a \$25.00 missed practice fee for an unexcused absence. This will go to the JCAS General Fund.

#### **Sportsmanship/Conduct**

- 1. Grounds for **dismissal** from Just Cheer include but are not limited to:
  - -Smoking, drinking of alcoholic beverages or use of drugs
  - Challenging the authority of a coach or person in charge, by competitor or parent.
  - Any negative behavior towards a Just Cheer member or to another gym.
  - -Inappropriate pictures or language used on any medium this includes all social media platforms!
  - Athletes are to never approach an official or judge of a competition to voice a negative opinion.
- 2. Be respectful and courteous to everyone.
- 3. Schedule an appointment to speak with a coach or staff member to discuss any issues that may arise.
- 4. Accept team placements and awards with dignity and class.
- 5. Refrain from gossiping (including social media) or any form of verbal or physical confrontation.

#### **Health/Injuries**

- 1. Provide Just Cheer with current health insurance and emergency contact.
- 2. Inform Just Cheer of all medical conditions that may limit or prevent their ability to participate in any Just Cheer activities.
- 3. Notify Just Cheer of any injuries sustained as a result of participation in any sanctioned Just Cheer activities.
- 4. Provide valid written documentation from any doctor explaining the reason(s) and the duration for which they may be limited or unable to participate in any Just Cheer activities.
- 5. Provide Just Cheer with a list of any medications that they are currently taking.
- 6. Refrain from the illegal use of drugs, alcohol, tobacco or any other substances.

#### **Financial Obligations**

All parents and athletes understand that:

- 1. They assume full responsibility for all costs incurred as a member of Just Cheer including but not limited to: gym registration, monthly tuition, apparel costs, competition and travel expenses, or any other item(s), or services purchased or rendered and the payment in full of those items regardless of any circumstances that may arise such as dismissal from the team, or disbandment of the team.
- 2. Monthly "GYM" (tuition) payments will be made on the 1<sup>st</sup> of every month.
- 3. Monthly "ACCOUNT" payments will be made on the 15<sup>th</sup> of every month from June to December.
- 4. Gym Tuition does not fluctuate based on the number or duration of practices in any month.
- 5. Tuition pays for training. It does not pay for the right to perform.
- 6. Vacations or time off will not be prorated.
- 7. All payment dues must be met.
- 8. A \$20.00 late fee will be assessed in the event that a payment is past due more than 7 days.
- 9. The Just Cheer Credit Card form must be completed at time of registration.
- 10. An athlete's account must be in good standing to participate in practices, competitions, or special events.
- 11. All FUNDS ARE COMPLETELY NON-REFUNDABLE.

# JUST CHEER ALL-STAR PROGRAM REGISTRATION/AGREEMENT FORM

Athletes Name:	
Parents Name:	
Registration Agreement: Please initial in the b	ox
I hereby agree to register my child with JuST Of Upon registering for the program, I allow said practices, programs, competitions, travel and of Cheer All Stars for the 2017-2018 season. I underefundable fee paid to JuST Cheer All Stars and register.	child to participate in all activities, events, ther such matters associated with JuST derstand the registration fee is a non-
Parent or Guardian must initial each Please read as	nd initial the following important policies.
I have read the packet in its entirety.	
I have read and agree with the financial plan	n for 2017-2018.
I have read and agree with the attendance ex	spectations and policy.
I have read and will abide by the rules and r	egulations set forth by JuST Cheer, Inc.
I understand that ALL fees are nonrefundab	le.
I understand that ALL communication with gym.	coaches should be by email or calling the
I understand that I am not to use the JuST C team names.	heer Logo or other JC related art, slogans or
I have read the entire tryout packet and underse set by JuST Cheer, Inc.	tand and will follow all standards and rules
Parent Signature:	Date
Athlete Signature:	Date

#### CREDIT CARD AUTHORIZATION CONTRACT

Dear Parents,

This year, all families must provide us with a credit card and authorization to use it. You may choose to charge your gym fees; JCAS account fees, or both each month. However, if you choose to pay by cash/check and we do not receive payment; your credit card will automatically be charged two weeks after the due date. Gym fees are due the first practice of each month, and JCAS account fees are due the 15<sup>th</sup> of each month.

Cheerleader Name:
Parents Name:
Address:
Leveld like any even fore showed monthly
I would like my gym fees charged monthly.
I would like my JCAS Account fees charged monthly.
I authorize JuST Cheer to charge my: (check one)
AmexMaster Card Visa Discover
Credit Card Number:
Expiration Date: Security Code:
I understand that my signature on this contract will serve as my authorized signature on the credit card charge slip. I understand that should I not meet the payment deadlines for JuST Cheer, my credit card will be charged.
SIGNATURE OF CARD HOLDER DATE